

# Sign-out Process

## Logistics:

1. Wards
  - Signout in the AM takes place in 2C160 (resident's lounge) promptly at 6:30am
  - Signout in the PM takes place in 5B 104 (blue), 5B 105 (red) starting 4:00pm
2. ICU
  - Signout in the AM in 5BN starting at 6:30am
  - Signout in the PM in 5BN/5BS starting at 3pm for non-call teams, 8pm for call team

## Signout Format:

- Standardizing signout- IPASS Method

<b>I</b>	Illness Severity	<ul style="list-style-type: none"><li>• Stable, "watcher," unstable</li></ul>
<b>P</b>	Patient Summary	<ul style="list-style-type: none"><li>• Summary statement</li><li>• Events leading up to admission</li><li>• Hospital course</li><li>• Ongoing assessment</li><li>• Plan</li></ul>
<b>A</b>	Action List	<ul style="list-style-type: none"><li>• To do list</li><li>• Time line and ownership</li></ul>
<b>S</b>	Situation Awareness and Contingency Planning	<ul style="list-style-type: none"><li>• Know what's going on</li><li>• Plan for what might happen</li></ul>
<b>S</b>	Synthesis by Receiver	<ul style="list-style-type: none"><li>• Receiver summarizes what was heard</li><li>• Asks questions</li><li>• Restates key action/to do items</li></ul>

- Example: Mr. James Sanchez. He is stable and full code. He is a 64 yo M with hx of DM, HTN who presented with SOB found to be in acute decompensated heart failure.
  - He is more SOB today, so we are giving him Lasix 40mg IV. He had 4 beats of NSVT the other day, so we gave him potassium 40meQ for K of 3.6.
  - For tonight, he has a midnight I/O check. If he is not at -1L, please give Lasix 40mg IV x1
  - If he develops worsening SOB, please get a stat CXR. If he gets chest pain, please order stat EKG and troponin
  - Do you have any questions?
- Ok, Mr. Sanchez is a 64 yo M presenting with SOB from CHF exacerbation. I will check his I/O at midnight and give Lasix if I/O not at -1L.

## Triage:

- If you get calls from nursing about any concerning things, please see the patient
- When in doubt, see the patient
- Whenever you see a patient, make any changes to their care, leave a brief progress note in the chart

## Sign out in the morning

- Review overnight events and what intervention was done
- Example: Mr. Sanchez had SOB overnight, CXR was normal, I gave additional Lasix. I checked his I/O and gave additional Lasix.

## Backup

- 1<sup>st</sup> call: 2 night admitting residents (they correspond to your color)
- Other backup: night hospitalist attending before midnight, ICU resident, long call resident

## Tips:

- Ask questions! When something is unclear, ask questions to clarify
- Follow up and complete urgent/emergent tasks before signout
- Do not leave any loose ends for signout. The night float's job is to watch over your patients overnight, not completing your work for you
- Even if signout starts at 4pm, please finish all your tasks before signout and call all consults